

Kashima Shin Ryu. KENJUTSU



Kihon Dachi (1ª Serie, OMOTE WAZA)

1. Kesa Giri (ichi no tachi)
2. Ashi Barai Ukibune (ni no tachi)
3. Kiri Wari (san no tachi)
4. Wari Tsuki (yon no tachi)
5. Kurai Dachi (go no tachi)

Ura Dachi (2ª Serie, URA WAZA)

1. Men Omote tachi Zuke (ichi no tachi)
2. Kesa Tachi Zuke (ni no tachi)
3. Do tachi Zuke (san no tachi)
4. Gedan Kote Dome (yon no tachi)
5. Kyo Dachi (go no tachi)
6. Sokui Zuke (roku no tachi)
7. Migiri Kenchu Tai (sichi no tachi)
8. Tai Chu Ken (hachi no tachi)
9. Kesa Giri Sode Suri (ku no tachi)
10. Embi Ken (ju no tachi)

Aishin (3ª Serie)

1. Kumi tachi Kiri Dome
2. Kumi Tachi Seigan
3. Kumi Tachi Wari Zuki
4. Kumi Tachi Kaeshi Kote
5. Kumi Wake Taoshi Uchi

Jissen (4ª Serie)

1. Tsuki Kaeshi
2. Kiri Wari
3. Sokui Tachi
4. Hayanuki Fudo Ken
5. Sode Zuri Seigan
6. Gedan Kote Uchi
7. Tsubame Gaeshi
8. Gyaku Kesa
9. Tsuba Daoshi
10. Maki Tachi Oikomi

Kassen (5ª Serie)

1. Sente Tsuki Age
2. Sente Seigan Yabure
3. Sente Tsuki Kaeshi
4. Sente Tsuki Daoshi
5. Sente Tsubame Tobi Ken
6. Jodan Nuki Taoshi
7. Fudo Ken
8. Kesa Kuzushi
9. Muni Ken